

June 2024



Our monthly news & updates

[Visit our Website!](#)

A Message from the Desk of Mary Prem, CEO of the South San Francisco Chamber of Commerce



Dear Members and Friends,

Welcome to June, a month renowned for its celebration of diversity, love, and community spirit. We are especially thrilled to announce our first South City Pride event, set to take place on Grand Avenue between Maple and Spruce, right in front of City Hall. This event is a wonderful opportunity for us to come together and celebrate the vibrant LGBTQ+ community in South San Francisco. We hope to see you all there, supporting equality and inclusion in our city.

June is also the month where we honor fathers and those who take on fatherly roles in our lives. Wishing a very Happy Father's Day to all the amazing dads out there!

As we continue to grow and strengthen our community, I invite you to consider joining the South San Francisco Chamber of Commerce. Being a member offers numerous benefits, including opportunities to promote your business, host mixers, and share your specials with the wider Chamber community. Our mixers are a fantastic way to network, build relationships, and showcase what your business has to offer.

Working with the Chamber can provide your business with the visibility and connections needed to thrive. Whether you're looking to host an event, collaborate on community projects, or simply get your name out there, we are here to support you every step of the way.

Let's make June a month of celebration, connection, and growth. We look forward to seeing you at our events and working together to make South San Francisco an even better place to live and do business.

Warm regards,
Mary Prem

Important Update for Chamber Members:

Facts You Should Know: New Legislation Impacting Businesses

Local Legislation

- **South San Francisco Minimum Wage Increase:**
 - Effective January 1, 2024, the minimum wage in South San Francisco has increased to \$17.25 per hour.
 - Applies to all businesses within the city limits and any employee working at least two or more hours per week ([SSE](#)).

State Legislation

- **California Fast Food Worker Minimum Wage (AB 1228):**
 - As of April 1, 2024, fast food workers at national chains with over 60 locations must receive at least \$20 per hour.
 - Establishment of the Fast Food Council to set standards for wages and working conditions
- **Expanded Paid Sick Leave (SB 616):**
 - Effective January 1, 2024, increases paid sick leave from three days (24 hours) to five days (40 hours) per year for eligible employees.
 - Requires employers to update their leave policies to comply with new accrual and carryover limits
- **Leave for Reproductive Loss (SB 848):**
 - Provides five unpaid leave days for employees experiencing reproductive loss events, effective January 1, 2024.
 - Applies to events such as failed adoption, failed surrogacy, miscarriage, stillbirth, or unsuccessful assisted reproduction
- **Workplace Violence Prevention Plans (SB 553):**
 - Requires most employers to develop comprehensive workplace violence prevention plans by July 1, 2024.
 - Plans must include procedures for reporting violence, communication strategies, and employee training

If you have any questions or need further information, please do not hesitate to reach out to us at info@ssfchamber.com

**SSF Chamber AAPI Heritage Month Mixer
at
Evolve Training Center**



Celebrating AAPI Heritage Month: A Mixer to Remember

May is Asian American and Pacific Islander (AAPI) Heritage Month, a time to celebrate the rich history, culture, and contributions of the AAPI community. This year, the South San Francisco Chamber of Commerce was thrilled to commemorate this special month with a lively mixer hosted by Evolve Training Center on May 29th.

The event was a resounding success, drawing a vibrant crowd of attendees eager to connect, celebrate, and honor AAPI heritage. The evening kicked off with an energetic performance by the Kababbayan Dancers from Skyline College, whose dynamic movements and colorful costumes captivated everyone in attendance.

This was followed by a powerful Muay Thai ritual demonstration by Evolve Training Center owner, Mark Tabuso, showcasing the strength and discipline of this martial art. Owners Jay and Jane Janero also wowed the crowd with a practical and engaging self-defense demo, providing valuable skills and insights.

The grand finale was a mesmerizing performance by Malia, a Tahitian dancer, whose graceful and rhythmic movements brought the spirit of the Pacific Islands to life.

Guests were treated to a delightful array of Asian cuisine, featuring dishes from various cultures within the AAPI community. The mixer also provided ample opportunities for networking, with professionals from diverse industries engaging in lively conversations. The atmosphere was warm and welcoming, fostering new connections and strengthening existing ones. Attendees left the event feeling inspired and more connected to the vibrant AAPI community.

We extend our heartfelt thanks to Evolve Training Center for hosting this memorable event and to all the performers, caterers, and guests who made the evening so special. Here's to celebrating AAPI Heritage Month and the incredible diversity that enriches our community!

FREE CLASS

renaissance Entrepreneurial Center

HOW TO MANAGE YOUR GROWING TEAM

May 13, 2023
11 am - 1 pm
Online via Zoom

You will learn:
The practical and interpersonal aspects of managing a growing team. From mastering delegation techniques to understanding HR essentials, we'll cover the hard and soft skills you need to thrive in your new role as a team leader. Join us as we equip you with the tools and strategies to effectively manage and lead your expanding team.

Register
recenter.org

Instructor
Nicole Moreno-Deinzer
650-829-4652
366 Grand Ave, SF, CA

renaissance Entrepreneurial Center Skyline College Bay Area Entrepreneur Center

Contract

Employee Contracts
With Marjorie Blen

Participants will gain an understanding of:

- Full-Time/Part-Time Contracts
- "At-Will" Contracts
- Freelancer Contracts

Learn how to identify relevant labor laws and draft essential contract components!

Thursday, May 9 @ 6pm - 7pm
Bay Area Entrepreneur Center
458 San Mateo Ave, San Bruno

REGISTER HERE
or visit recenter.org/calendar

brc@recenter.org | (650) 829-4652

STEP UP YOUR MARKETING GAME
IN THIS 3-CLASS SERIES!

Beginning Marketing Bootcamp

MONDAYS
JUNE 10, 17, 24 | 6 - 8PM
ONLINE WITH NICOLE DEINZER

REGISTER
HERE →

Get your marketing plan in order! Learn how to select your target audience, build partnerships and learn the basics of using social media for your business. If you are just starting your business or you are not getting the marketing results you want, join this three-session bootcamp to get on top of your marketing plan.

Contact:
rencenter.org/calendar | brc@rencenter.org | 650-829-4652

¿Estás listo/a para lanzar tu negocio?

PLAN DE NEGOCIOS

CURSO EN PERSONA DE 10 SEMANAS

MIÉRCOLES
5 DE JUNIO - 14 DE AGOSTO 6 - 9 PM

CENTRO DE AVANCE ECONOMICO
366 GRAND AVE, 55F, CA 94080

- CREA UN PLAN DE NEGOCIOS
- DEFINE A TUS CLIENTES
- ELABORA UNA ESTRATEGIA DE MARKETING
- DESARROLLA LOS ASPECTOS FINANCIEROS
- APRENDE SOBRE ACCESO A CAPITAL
- ¡Y MUCHO MÁS!

ÚNETE →

RENCENTER.ORG/CALENDAR
 BRC@RENCENTER.ORG
 650-829-4652

Con Tanya Reyes

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www.SplashFix.Plumbing



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Father's Day Special 15% Discount

Give Dad the gift he deserves.
#FathersDay #SplashFix

Call us today and say "SplashFix for Dad"

Offer is valid from 6/16/24-6/21/24



Moonstar Charitable Organization's Stardust Gala

Saturday, June 22, 2024
At The Alexandria in San Carlos

Moonstar Charitable Organization's Stardust Gala is an opportunity for event sponsors and restaurant partners to gain valuable exposure and awareness amongst over 500 influential guests, including community leaders, philanthropists, and potential customers and work along side Martin Yan. We look forward to partnering with you to make a meaningful impact on our community, and appreciate your support of our work to address food insecurity in South City, Daly City, Colma, San Francisco & beyond.



Ways to make an impact

[Become a Stardust Gala Event Sponsor](#)

[Become a Restaurant Partner for our Gala](#)

[Donate to Moonstar Charitable Organization](#)



About Moonstar Charitable Organization: Moonstar Charitable Organization's mission is to *inspire, create, and promote multicultural meals, programs, and support for underserved communities in the San Francisco Bay Area.* Our goal is to provide assistance where it is needed most, primarily serving low-income families, seniors and individuals facing food insecurity. We partner with River of Life Foundation, Self Help for the Elderly, and Second Harvest of Silicon Valley, and support local nonprofits through meal donations and joint events.

Your support will help us reach more individuals in need. With just \$100, you can help produce 100 meals, feeding countless individuals and families in our community.

To support our work or learn more about sponsorship opportunities, please visit our [website](#) or contact our Executive Director, Ariel Ng | ariel@moonstarcharitable.org



Thank you from the Moonstar Charitable Staff and Board !

Become a Stardust Gala Sponsor: [Moonstar Charitable Gala - Sponsorship Package v4.pdf - Google Drive](#)

Become a Restaurant Partner: [Moonstar Charitable Gala - Restaurant Partnership v3.pdf - Google Drive](#)

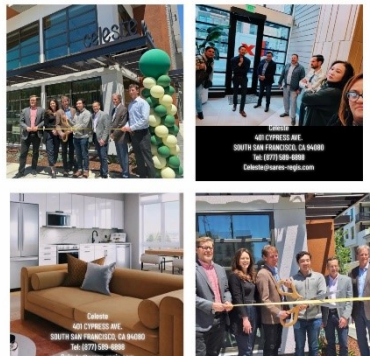
Donate to Moonstar Charitable Organization: [General Donations - Moonstar Charitable Organization](#)

RIBBON CUTTING



Astellas, 480 Forbes Blvd, SSF

The South San Francisco Chamber of Commerce was honored to be an invited guest at the ribbon-cutting ceremony for Astella on May 8th, hosted by Mayor James Coleman and Astella executives. The event celebrated the opening of Astella's new \$90 million West Coast Innovation Center. The day included a tour of the high-tech campus, lunch, and was attended by Sailesh Mehra and Mary Prem from the SSF Chamber of Commerce. This milestone marks a significant step in advancing innovation and economic growth in our community.



Celeste Apartments, 401 Cypress Ave, SSF

The South San Francisco Chamber of Commerce had a fantastic time at the ribbon-cutting ceremony for the brand-new Celeste Apartments, managed by our very own Chamber members, Sares Regis Group. Mayor James Coleman did the honors, snipping the ribbon in style, surrounded by civic leaders and local stakeholders. The celebration was a delightful affair, with a scrumptious lunch catered by Amoura. These cutting-edge apartment homes are perfectly situated just steps from public transit, with easy freeway access and close to the bustling biotech campus. It's the perfect spot for modern living and we couldn't be more excited!



June is Men's Health Month
Why men's health matters

When it comes to the health of the men in your life, you might play a bigger role than you think. Recent studies suggest that when men have health concerns, they often turn to loved ones before seeing a doctor.

- **Men go to the doctor less frequently than women do.** Only 62% of men say they've had contact with a doctor or other health care professional in the last 6 months, compared to 74% of women, according to the Centers for Disease Control and Prevention (CDC).
- **When health issues arise, men often go to their significant others.** And more men do so than women: 32% of men and 25% of women look to their partner for advice first, rather than a doctor or anyone else. So, when the men in your life turn to you for guidance, here are some quick tips to keep in mind:
 - **Stress.** Career demands and financial pressures contribute to stress among men. Stressors can lead to burnout, anxiety, and other mental health issues.
 - **Know when to schedule a checkup.** Healthy men under age 30 see their primary care doctor every 2 to 3 years. Men ages 30 to 40 should go every other year. And we strongly recommend men over age 50 go every year.
 - **Get a good night's sleep.** Research shows that poor sleep can have a negative impact on health in many ways. Sleep loss can cause increased inflammation in your body, which can elevate your risk of cardiovascular disease.
 - **Partner up on your fitness.** Being active can help you stay healthy, control your weight, and get the most out of life. No matter what your age or condition, there is a type of exercise that's right for you.

Men have unique health concerns. Our care teams can teach you about everything from hair loss to information on Prostate Cancer. Prioritizing one's health leads to a longer, healthier life.

Edward Kao, MD
Physician-in-Chief
Kaiser Permanente South San Francisco Medical Center

ELKS LODGE

CALIFORNIA CATERING

FATHER'S DAY BBQ BRUNCH

COLD ITEMS:

CAESAR SALAD
MACARONI SALAD
POTATO SALAD
FRESH FRUIT DISPLAY
ASSORTED PASTRIES
HONEY CORNBREAD

ADULT: \$40 INCLUSIVE
CHILDREN: \$22 INCLUSIVE
RSVP BY 06/14/24

HOT ITEMS:

BBQ RIBS
GRILLED SALMON W/ TROPICAL SALSA
BBQ CHICKEN
FRENCH TOAST W/ BERRIES
EGG SOUFFLE
BACON MAC & CHEESE
GRILLED ASPARAGUS

DESSERT STATION:

TIRAMISU, ASSORTED CHURROS, CHOCOLATE CAKE & CHOCOLATE FOUNTAIN

BEVERAGE STATION:

REGULAR & DECAF COFFEE
HOT TEA
ASSORTED JUICES
MILK

JUNE

16TH

12PM

PLEASE CONTACT VANESSA FOR RESERVATIONS AT
650-589-0729 OR TEXT 650-201-9599
920 STONEGATE DR. SO. SAN FRANCISCO, CA. 94080



Friendly reminder to Chamber Members:

Have you changed your contact information, email address, or phone numbers?

Please provide the SSF Chamber of Commerce with your information to keep our website



up to date.

You can email any changes to info@ssfchamber.com



Calendar of Events

June

You can RSVP and pay for our events by going to the calendar section and clicking on the event you want to attend. Registration is for SSF Chamber members.

*Not a Chamber member yet?
Contact the Chamber at
info@ssfchamber.com
or visit www.ssfchamber.com*

Follow us on [Facebook](#) & Instagram for the latest Chamber news.

Wishing everyone a Happy Father's Day, a joyful Pride Month, and a wonderful start to the summer season! Let's celebrate and honor the diversity and love in our community.

6/1 10:30am to 2pm - Pride Event

6/12 6:30pm - Regular City Council Meeting

6/26 6:30pm - Regular City Council Meeting

6/20 Chamber Mixer 4:30pm - 7pm

10/8 Career Fair

South San Francisco Chamber Member Benefit

Did you know as one of the many benefits of being our member that you can submit your events for Chamber approval through our monthly newsletter, or social media outlets? Once approved, it will be listed on our event calendar!



Max Restoration

South San Francisco
Dio Lara
(650)238-8637
Water Mold Fire Sewer Restoration Service
<https://maxrestoration1.com/>

Security Public Storage

Ines Montenegro – Onsite Manager
1101 Carter St
Daly City, CA 94014
(415)585-7000

<https://www.securitypublicstorage.com/locations/daly-city-carter->
dc-carter@securitypublicstorage.com

The Fitness Tech

Eric Sorenson
303 Linden Ave
South San Francisco
(650)544-4800

<https://www.thefitnesstech.com/>
Email: info@thefitnesstech.com



Your support is truly appreciated!

ADAS Clinica (February 2023)
Amoura Restaurant (October 2009)
Antigua Coffee Shop (October 2014)
Basque Cultural Center (June 1986)
Bob Jr's Towing, Inc. (April 2000)
GNS South Tower, LP (February 2016)
Hilton Garden Inn SFO North (April 1999)
Moonstar Kitchen (April 2021)
San Bruno Mountain Watch (January 2020)
San Francisco State University-Graduate Business Programs (January 2018)
SSF Elks Lodge #2091 (June 1998)
SplashFix Plumbing (February 2022)

Legislative Watch List

We take care of politics so you can take care of your business

Chairman Circle Members

Chairman's Circle members receive benefits above and beyond typical membership, with the highest visibility at Chamber events and in publications

Chairman Circle - GOLD MEMBER



Chairman Circle - SILVER MEMBERS



Chairman Circle - BRONZE MEMBERS





2023-24 Board Officers

Interim President
Sailesh Mehra
SM8

Vice President
TBD

Treasurer
Kevin Williams
California Water Service

Ex-Officio City Manager
Sharon Ranals

Board of Directors

Daniela Jonguitud
Chajinel Home Care Services

Keri Kirby
Sitike Counseling Center

Suzanne Lee
Genentech

Natalia Morales
Kilroy Realty Corporation

Christina Ng
Grand Palace Restaurant

Shetal Patel
Hampton Inn SFO

Pravin Punjiya
Fairfield Inn by Marriott SFO

Kevin Worth
Kaiser Permanente

Chamber Personnel

Mary Prem
CEO

Arlene Dozier
Administrative Assistant

Controller
Ivone Chanu

South San Francisco Chamber of Commerce | 213 Linden Avenue | South San Francisco, CA
94080 US

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